



March Birthdays

- Kim Coburn
- Virginia Byers
- Rochelle Dowd
- Edward Brenner
- Thomas Ruggles
- Patricia Peterson
- Jean Berghouse
- Timothy Truesdell
- Mary Blackman
- Tamara Bodine
- Martha Brown
- Henry Geffroy
- Alicia Gregory
- Khaireff Khatibi
- Rosenda Kirpalani
- Norma Montano
- Barbara Murray
- Kim Standen
- Hiroko Fukuhara
- Margie Boer
- Joan Bonahoom
- Vincent Borges
- Mary Brenner
- Joseph Brunner
- John Bugado
- Frank Ciotti
- Robert Cordova
- Freda Delashaw
- Sue Diaz
- Margaret Drohan
- Dolores Foder
- David Furukawa
- Gwinn Gibson
- Brigitte Gilmore
- Maria Gomez
- Sandra Gomez
- Gloria Hendrickson
- Barbara Henslee
- Karen Hoy
- Laksham Kirpalani
- Janis Lawless
- Margaret Liggett
- Gary Madison
- Gerald Marquard
- Deanna McHose
- Cynthia Particelli

BRIDLEWOOD NEWS

Absolute Last Chance to Change Plans!!

Open Enrollment Extended To March 31st Due to The Wildfires

If you haven't already called me for a review of your current plan, you are in luck. The Centers for Medicaid and Medicare Services has granted extensions to all Medicare eligible people affected by Wildfires, in the following counties: San Diego, Riverside, Orange and Los Angeles county. Instead of calling it Open Enrollment it is actually a Special Election Period due to a **Weather Related Emergency**.

Medicare Open Enrollment is a great time each year to review your Medicare plan and see if it's still the right plan for the following year. If you have a Medicare Advantage plan and you are unsure if it's the right plan for 2018, **please call me at (858) 753-1920 ASAP** to review.

Over-the-Counter Essentials 1st Quarter Orders Due by March 31



If you have either the **UnitedHealthcare Plan 4** or the **Sharp Plan**, you have a terrific added benefit called Over-the-Counter Essentials.

This is a catalog that is sent to you, from which you can order just about any item you would find in a pharmacy, EXCEPT prescription drugs. You have access to things like vitamins, aspirin, creams, toothpaste, razors, bandaids, heating pads, etc.

You simply fill out the order form in the catalog, or you can call and place your order at **(877) 795-4521**. They will ship the order to your doorstep free of charge. United Healthcare gives everyone with a Plan 4 or Sharp Plan a **\$40 credit every quarter**, to use to order these items. If you do not use it in the current quarter it **DOES NOT** carry over to the next quarter. So if you haven't ordered anything in January or February of this year, you have until the end of March to place your order!!

Remember . . . USE IT, OR LOSE IT!



March Funnies

(Please do not read if you are easily offended!)

Are You Smarter Than a 5th Grader?

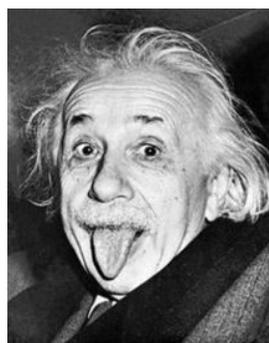
Mensa is an organization of members who have an IQ of 140 or higher. Several of the Mensa members went out for lunch at a local cafe prior to the start of the California convention in LA. When they sat down, they discovered that their salt shaker contained pepper, and their pepper shaker was full of salt. How could they swap the contents of the two bottles without spilling any, and using only the implements at hand? This was a job for Mensa minds.

The group debated the problem and presented ideas and finally, came up with a brilliant solution involving a napkin, a straw, and an empty saucer. They called the blonde waitress over, ready to dazzle her with their solution.

"Ma'am," they said, "we couldn't help but notice that the pepper shaker contains salt and the salt shaker has pepper." But before they could finish, the blonde waitress interrupted: "Oh sorry about that."

She leaned over the table, unscrewed the caps of both bottles and switched them. There was dead silence at the Mensa table.

Kind of reminds you of Washington D.C., doesn't it?



Oh, My Stars!

Sherlock Holmes and Dr. Watson were going camping. They pitched their tent under the stars and went to sleep. Sometime in the middle of the night, Holmes woke Watson up and said, "Watson, look up at the sky and tell me what you see."

Watson replied, "I see millions and millions of stars."

Holmes said, "And what do you deduce from that?"

Watson replied, "Well, if there are millions of stars, and if even a few of those have planets, it's quite likely there are some planets like Earth out there. And if there are a few planets like earth out there, there might also be life."

Then Holmes said, "Watson, you idiot! It means that somebody stole our tent!"

Birthdays Continued:

- Cynthia Particelli
- Edward Perry
- Le Perry
- Karen Phillips
- Kathleen Protocollo
- Sigrid Ricker
- Margaret Risse
- Ralph Robinson
- Janice Russ
- Ralph Schafer
- Diane Schafer
- Lawrence Schwimmer
- Marion Showers
- Willard Smith
- Barbara Tiernan
- Francis Wallace
- Aurora Zamar
- Janette Hodges
- Yvette Curtis
- Christine Jackson
- Susan Kazmarek
- Bruce Marchu
- Cheryl Wierwille
- Carole Abbott
- Marita Bugado
- Elizabeth Chiment
- Lombardo Detrinidad
- Herbert Haemmer
- Tim Jobe
- Josephine Martin
- Paulette Millander
- Carol Munhofen
- Stanley Taylor
- James McFarland
- Oscar Ayala
- Marilyn Callipari
- Jose Dioso
- Elizabeth Goldsberry
- Sara Robinson

See the 90+ Club on page 3

What is your Lucky Leprechaun Name

The 1st letter of your first name.

A - Adorable	H - Happy	O - Outstanding	V - Vibrant
B - Bubbly	I - Irresistible	P - Paddy	W - Wonderful
C - Cheerful	J - Jovial	Q - Quaver	X - Xtra Special
D - Dreamy	K - Kind-Heart	R - Rainbow	Y - Youthful
E - Easy	L - Lucky	S - Smiling	Z - Zany Pants
F - Fabulous	M - Magic	T - Tiddler	
G - Giddy	N - Nostalgic	U - Unique	

The month you were born.

Jan - Clover Hair	Jul - Rainbow Lips
Feb - Golden Smile	Aug - McNaughty
Mar - Pot O Gold	Sept - Fredile Face
Apr - Sparkly Pants	Oct - Shamrock
May - McSpanky	Nov - McStumpy
Jun - Golden Balls	Dec - BeJesus

Now Share with your family and friends



Just about every other day, I get a call from a client who is confused about where they should go, or are allowed to go in their network, to get their eye exam and glasses. Let's make this easy for you. Below are the names of the facilities you are to use if you have one of the UnitedHealthcare or SCAN Advantage plans:

- * **UnitedHealthcare Plan 4 - SCRIPPS Medical Groups**
- You can go to **any facility (ex: Walmart, Costco, Pearle Vision, Target, etc.)**
- * **UnitedHealthcare Plan 4 or Sharp Plan - SHARP REES STEALY Medical Group**
- Sharp Rees Stealy has **their own "in-house" optometry department**
- * **UnitedHealthcare Plan 4 or Sharp Plan - SHARP COMMUNITY/GREYBILL Medical Group**
- Sharp Greybill has **their own "in-house" optometry called North County Eye Center**
- at 225 E. 2nd Avenue, Escondido, CA 92025 Phone (760) 738-9985
- * **UnitedHealthcare Plan 4 or Sharp Plan - SHARP/ARCH HEALTH Medical Group**
(Poway, Escondido, Ramona, Valley Center)

Birthdays Continued:
Shirley Trochta
Laurene Tweed
David Walker
Richard Sharp
Denise Sharp

- **Hidden Valley Eye Associates**
- at 810 E. Ohio Avenue, Escondido, CA 92025 Phone (760) 746-3937
- * **SCAN - SCRIPPS Medical Groups**
- **EyeMed Vision Care Facilities**
- **website: Eyemedvision.com or Phone (844) 226-2850**
(enter your zip code to find facilities near you to choose from)

- 90 + Birthday Club**
1. **Frances Reinach - 102!!**
 2. **Hedy Zuber - 97**
 3. **Marion Besse - 95**
 4. **Gladys Funk - 94**
 5. **Ellen Wallace - 94**
 6. **Ermont Jennings - 94**
 7. **James Connolly - 93**
 8. **Mary Donahue - 93**
 9. **Eva Behrens - 91**
 10. **Joan McGrenera - 90**
 11. **Phyllis Pape - 90**



T & M Solar Systems



We have had solar panels on both our homes over the last 25 years. The first system we had was only 6 panels which fed the power into 10 super large, heavy batteries, and generated enough juice to run a washer or refrigerator. Fast forward to a few months ago . . . we already had 56 panels on our guest house/garage and although it was producing quite a bit of energy, we had our first year in many years where we owed SDG&E at the end of the year. So last summer we added 27 more panels to the front of our house. Jeff has an app on his phone where he can see minute by minute how much juice is being generated. Each day it is a new record as each day gets a little longer and the sun gets a little stronger.

If any of you have ever wondered about adding solar to your home, but didn't know a reliable, good company for installing your system, we would highly recommend our provider, T & M Solar. Headquartered in San Diego, CA and comprised of electricians, service technicians, project management professionals, designers and installers, T & M Solar serves their clients as a reliable and experienced resource in sustainable energy integration. This family-owned business was founded in 2008 by Tim Molek. Tim is an industry leader with his experience totaling more than 600MW and over 15 years experience in solar installations. Tim and his staff of technicians and installers are prompt, quick and professional from start to finish.

One of the biggest energy tax credits available to homeowners and businesses alike in 2018 is the investment tax credit for solar. This credit applies both to solar panel systems and solar hot water systems, and is worth 30 percent of the cost of buying and installing a solar system. **This tax credit is set to end at the end of 2019, so call T & M Solar today for your free estimate.**

FOR MORE INFORMATION
858-430-8303



Referrals From February

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Phil Thompson referred **Charlotte Hyre**

Joanne Peat referred **Terry & Christine Ryan**

Linda Cohen referred **Joyce Ann Martin**

Frank Levett referred **Robert & Sheri Buell**

We try hard to recognize every referral we are aware of, but if we missed anyone, please let us know! If you have sent us a referral, just send us a quick email so that we won't forget it and we can send you a "thank you".

We want all of you to know that it is our privilege to serve you, and the greatest compliment you pay us is the referral of your family and friends. Thank you!

Personal Notes:

This past weekend, both of my daughter's were home from college and the house was full with all the kids and their significant others. Lexy flew home to be with her sweetie, Anthony, from the frozen tundra of Minnesota for Valentine's Day and to spend a few days thawing out. She brought her little mini-doxie Cali, who was in heaven playing with our two dogs in the backyard, and not having to tromp through snow as tall as she is. Whitney and her boyfriend Steven, were also home for a long weekend to relax and take a break from the stressful college life.

As you may know, Jeff and I love to go boating on our 21' Maxum cruiser. With it being whale-watching season we decided to pack a cooler and lunch and head to Mission Bay and get out to the ocean to hopefully see some of the most graceful creatures on earth. Jeff and his mom and all 3 dogs loaded into our F-150 truck pulling the boat, and left a little before the rest of us to stop and get gas. The kids and I left about 10 minutes later in two cars. We were at the light on Ted Williams Parkway next to Target, when I got a call from Jeff. He said he had had an accident. Knowing Jeff's weird sense of humor, at first I thought he was joking. But when he said to call Chris and tell him to bring his truck to pull the boat home, I knew he was serious. I asked if everyone was OK, and he said the dogs were a little shaken but everyone was fine. He said he was on the overpass over the I-15 where it turns into Hwy 56.

A few minutes later we pulled up and there was our big truck and trailer, and this tiny little blue car with the whole back corner demolished. Apparently they were going 50 mph (the speed limit in that area), and the girl driving the car was almost at the intersection when the light turned yellow. Her taillights flashed for a second like she was considering stopping, then she kept going for a few more seconds, then all of the sudden she jammed on her brakes. Jeff had thought she was going to keep going forward, and there was plenty of time for both her and him to get through the intersection, so when she stomped on her brakes he knew there was no way to avoid hitting her, especially with 9,000 pounds of truck, trailer and boat hurtling forward at 50 mph. The good news is that everyone was alright, but it sure put a damper on our boating plans, and a bit of a dent in Jeff's truck (and wallet!)

Wishing everyone a happy (and safe!) St. Patty's Day.

Kim Wetzel, Bridlewood Insurance

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