



May Birthdays

Sydelle Golub
 Donna Broyles
 Cruz Diaz
 Herta Kranzle
 Marcia Harrod
 Nora Megginson
 Marilyn Miller
 Robert Fehling
 Harry Hecock
 Ellen Ransom
 Jesse Seymour
 Leonard Blumenreich
 Irving Yoffe
 Charles Davis
 Eugene Roehrich
 Claudette Johnson
 Elizabeth Milsten
 Frances Hook
 Elizabeth McLain
 Beatrice Donhardt
 Aline B Valade
 Richard Faulkner
 Alice Slawson
 Mary Porter
 Alice Gosnell
 Ludwig Wirbalauer
 Adele Farr
 William Alexander
 Shirley Kennedy
 Alice Delhotal
 Joyce Blue
 Norma Smith
 Gary Applegate
 Earnestine Hisel
 James Latulippe
 Lenora Lee
 Mike Amerios
 Rle Nichols
 Dorothy Bairley
 Tomasa Rehm
 James Robinson
 Sharon Hileman
 Paul Oglesby
 Juanita Kear
 Carlos Velarde
 Cecilio Perez
 Mark Bedell
 Richard Alvord
 Ileen Chopak
 Susan Blommer
 Diana Natale
 Carmen Marquez
 Meghan Gluth
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HEALTHY NEWS

WELCOME TO BRIDLEWOOD INSURANCE

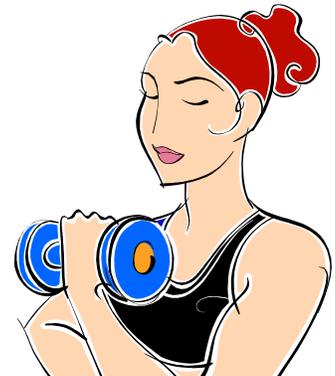
Well folks, thanks to you, I need to expand to keep up with the rapid growth in the Medicare markets... so, say hello to Bridlewood Insurance Services Inc.



As one of the top UnitedHealthcare independent agents in San Diego the past five years, I have tried to go above and beyond in customer service. My ambition and commitment has always been to put member's needs first, and be a solid advocate for today's seniors. Starting with the creation of the monthly publication of the **Healthy News**, to the community meetings during open enrollment, to the discounts you receive from a quality dentist, and audiologist, I have strived to deliver quality and to always be just a phone call away. Now, as President of Bridlewood Insurance Services, **I will continue to represent UnitedHealthcare**, but now I will also have access to other insurance companies like, Humana, Scan and Blue Shield. I will build **Bridlewood Insurance** into a proven leader in the senior insurance product markets in San Diego, with the same commitment to service that I have built my own foundation on for the past several years. There are many insurance agents out there, but only a select few will be hand picked and personally trained, so they too can represent **Bridlewood Insurance Services**. We will be one of San Diego's leading insurance firms representing the needs of todays seniors. I can't thank you enough for all your support over the past few years. There have been many sleepless nights deciding if taking this huge step in my career was the right one... in the end, it came down to one thing, the customers deserve the best I can offer, and I can't do it all by myself. **So here we go, welcome to Bridlewood Insurance Services**, 'Where Quality Knows No Bounds.'

Curves for Women in Escondido

A global leader in women's fitness, Curves strengthens women through it's proven 30 minute workout. The Curves Circuit, designed especially for women, combines strength and cardio training in a supportive, comfortable environment where women of all ages and fitness levels can get fit, lose weight and reach their health goals. Curves also offers Curves Complete, a comprehensive 90 day program that offers diet consultation, exercise and motivation. Curves is the perfect place for women who want a no-pressure workout in a gym-like atmosphere. With "No Men, No Makeup, and NO Mirrors." The Escondido Curves for Women is located at **2441 S Center City Parkway** and the phone is **760-738-1250**. Ask for Judy to help you get in shape!!





May Funnies

(Warning, please don't read if you are easily offended)

Elderly Couple

An elderly couple go to church one Sunday. Halfway through the service, the wife leans over and whispers in her husband's ear, "I've just let out a silent fart. What do you think I should do?" The husband replies, "Put a new battery in your hearing aid."



103 Years Old

A reporter was interviewing a 103 year-old woman: "And what do you think is the best thing about being 103?" the reporter asked.

She simply replied, "No peer pressure."

Two Smokers

Edith and Marie were outside their nursing home, having a smoke when it started to rain. Edith pulled out a condom, cut off the end, put it over her cigarette and continued smoking. Marie: What's that? Edith: A condom. This way my cigarette doesn't get wet. Marie: Where did you get it? Edith: You can get them at any drugstore. The next day, Marie hobbles herself into the local drugstore and announces to the pharmacist that she wants a box of condoms. The pharmacist looks at her kind of strangely (she is, after all, over 80 years of age), but politely asks what brand she prefers. Marie: It doesn't matter, as long as it fits a Camel.

George

70-year-old George went for his annual check-up. He told the doctor that he felt fine, but often had to go to the bathroom during the night. Then he said: "But you know Doc, I'm blessed. God knows my eyesight is going, so he puts on the light when I pee, and turns it off when I'm done!" A little later in the day, Dr. Smith called George's wife and said: "Your husband's test results were fine, but he said something strange that has been bugging me. He claims that God turns the light on and off for him when uses the bathroom at night." Thelma exclaimed: "That old fool! That means he's been peeing in the refrigerator again!"

Social Security

Two guys are sitting in a bar. One looks over at the other and asks how his sex life is going. The second guy looks at him blankly for a moment and replies, "Well, I'm having social security sex."

His buddy looks puzzled for a minute then finally asks "What the heck is social security sex?" "Well, I get a little every month but its not enough to live on."



Birthdays Cont:

- Barbara Oglesby
- Kathleen Robinson
- Theresa Leimbach
- Guillermo Aviles
- Thomas Cervantes
- Lawrence Luikart
- Cynthia Luikart
- Louise Cohen
- Lucille Lewis
- Carol Amster
- Marilyn Hoffman
- Eleanor Delamarian
- Alfred Marton
- Agnes Cheung Markin
- Charline Laco
- Janet Rutschman
- Nancy Waller
- Livia Norman
- Charlene Lutes
- Roberto Esparza
- Mike Trout
- Merilee Boyd
- Bob Bjorkquist

Congratulations to the 90 + Club

1. Harry Hecock 101
2. Sydelle Golub 93
3. Ellen Ransom 92
4. Jesse Seymour 92
5. Charline Laco 91
6. Leonard Blumenreich 90

Happy Birthday to all our May Healthy News Members I hope you make it a Special Day.

Solar Energy Program Worth A Look

“Save 20-50% on your Utility Bill

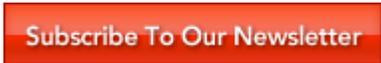
Vivint Solar is a NO COST Program to the homeowner and the second largest Hybrid Utility Co. in the United States. They do not sell or lease their systems. For the homes that qualify, They are a utility company that uses the homeowner’s roof space for their solar panels and then charge a low flat rate for the energy it produces.



This typically will save you 25-50% on your electric bill without any investment on your part. So they will design, pay for, permit, install, maintain and insure the solar system and then, in turn, will charge a low flat rate of .15 kWh for the energy that the panels produce.

The end result is a savings to the homeowner because currently you are paying anywhere from .15 kWh to as much as .38 kWh depending on the area and usage. They are confident that you will be truly happy and that you can save money without any investment on your part. For more information you can call **Lora Davis**, at **619.806.9626** or email **lora.davis@vivintsolar.com**

Rather Receive Your Healthy News By Email?



Not a problem, you can go to our web site at **www.jeffwetzal.com** and click on “Subscribe to Our Newsletter” or send an email to **info@jeffwetzal.com**

Question of the Month: *Can I switch to a PPO plan during the year?*

The answer is **generally yes**, But there are some questions we need to be able to answer ‘no’ to. Have you been in the hospital in the past 90 days? Even if that is a ‘yes,’ as soon as we wait the 90 days, we can then apply for coverage. Remember that with this kind of Medicare plan, you can go to any doctor or any specialist that accepts Medicare, and you never need a referral. **Call me at 877-267-5514 for more details.**

Healthy News May Referral Tree

I wanted to thank those that thought enough of me to refer their friends and family. It didn’t seem enough to just say “thanks” so the Referral Tree is my way to properly thank those responsible.



Guillermo Aviles referred **Maria Garay**

Pat Meyers referred **Bernard Gibson**

Jim Dutton referred **Liz Chiment**

Turan Salimi referred **Arsaian Nassiri**

Therese Dolkas referred **Steven Dolkas**

Joann Trout referred **Mike Trout**

Pamela Appell referred **Ann Hanes**

Cody & Carol Munhofen referred **Sherry Reese**

As a **Thank You** to those that are out promoting and referring new members to me, for the month of May, a **Starbucks Gift Card** will be my ‘thanks’ to you. This year I ask that each of you think of that one person you know that needs help with their Medicare insurance. I’m looking for the folks that are going to turn 65 in 2014, those that are on other Medicare plans in San Diego, and those that are on Medicare but don’t have any idea what kind of plan they have, or who their agent is. Let’s get them enrolled with Bridlewood Insurance and **Let’s Help As Many As We Can !!**

Final Expense Insurance Plan today, so your family doesn't have to in the future.

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All of us will likely have to face the death of a close family member at some time in our lives. Worrying about how to cover the funeral cost just adds to the pain and grief we're experiencing. Final Expense Insurance can help and comes in 3 types:

Level Death Benefit: If your health is "Great", benefits up to \$35,000 are guaranteed at the time of your application

Graded Death Benefit: If your health is "Good", the benefits can be up to \$20,000. The first year, your family would receive 30%, the second year 70% and starting the 25th month the full 100% of benefits.

Modified Death Benefit: If your health is "Fair", benefits are up to \$15,000. First two years they will receive all premium paid plus 10%. Full benefits beginning in the 25th month.

Here is an example, for a non-smoking female, 70 years old, \$15,000 insurance:

Level Death Benefit: \$76.86 monthly

Graded Death Benefit: \$117.81 monthly

Modified Death Benefit: \$127.89 monthly

To get more information please call 1-877-267-5514



Interested In Becoming A Secret Shopper?

Join the **Second To None** Secret Shopper Team. Become a Mystery Shopper.

Today, Second To None mystery shoppers/secret shoppers work as Independent Contractors. Work is made available on an assignment-by-assignment basis, and as an Independent Contractor, you have complete freedom in deciding to accept or decline assignments as they become available. Second To None offers mystery shopping assignments across North America, and they welcome you to join their national independent contractor network. Your first step to becoming a mystery shopper is to complete the free online mystery shopper application.

What Makes a Successful Mystery Shopper?

- ◆ They seek male and female consumers across the U.S. and Canada who:
- ◆ Enjoy interacting with people and have excellent observation skills.
- ◆ Are capable of remembering small details.
- ◆ Have good time-management skills.
- ◆ Have good written and verbal communication skills.
- ◆ Have a computer and the ability to check email often.
- ◆ Have reliable internet access and transportation.
- ◆ Have access to a scanner or digital camera.

To apply, go to <https://apply.second-to-none.com/> or call 734.302.8444

Editor note: It's my understanding a secret shopper makes approximately \$90 per event. Please let us know if your hired as a secret shopper. (It will be our little secret)

Personal Notes:

Mother's Day is fast approaching on May 11th. There are certain events that as a guy, you had better not mess up. Wedding anniversary is on the list along with Christmas, and she never wants anything for her birthday, (but you better not forget it.) Of course Valentines Day, if you mess that up, you're going to be spending time in the dog house. Mother's day is the easy one to celebrate. I'm blessed to have my mom still going strong and four great kids to remind me of what a terrific mom they have. **Happy Mother's Day to all the moms!**

Jeff Wetzel, President of Bridlewood Insurance Services

Toll Free 1-877-267-5514 Web Site: www.jeffwetzel.com Email: Info@jeffwetzel.com

