



**June Birthdays**

- Jesus Balvaneda
- Arlene Becerra
- Joseph Berke
- Olga Bernard
- Petra Cacho
- Wally Dier
- James Edwards
- Rudi Fanari
- Mary Farrar
- Millie Ginsberg
- Catherine Greene
- Mary Griffith
- Patricia Hansch
- Barbara Hyatt
- Betty Imler
- Sherryl Jones
- Karl Leimbach
- Cathy McCall
- Kenneth Meyer
- Tri Nguyen
- Robert Avalos
- Edward Rudgers
- Michael Smith
- Richard Applin
- Lila Smolenski
- Pete Hudson
- Frank Bigelbach
- John Boer
- Jonathan Coats
- Judith Dill
- Patricia Doering
- Peter Masters
- Luis Ramirez
- Jenifer Robison
- Jill Peters
- Lidia Garcia
- Linda Harrell
- Leta Weaver
- Elizabeth Harris
- Cherie Winder
- Mary Bennett
- Gene Brown
- Karyl Poppe
- Robert Krause
- Yvonne Culligan
- Shirley Sceville
- Malcolm Labar
- Dale Anderson
- Juanita Nacu
- Fern Nichols
- Christine Hardiman
- Donald Stine
- Michael Hassani

**Birthdays Cont. 2**

# BRIDLEWOOD NEWS

## BRIDLEWOOD NAMED EXCLUSIVE



Cassidy Medical Group  
Part of OptumCare™



### Cassidy Medical Group and Primary Care Associates name Bridlewood as exclusive Medicare Insurance partner

“With 65 doctors and thousands of patients between Oceanside, Encinitas, Carlsbad and Vista area, Bridlewood will now be able to work closely with these two fine medical groups and bring the personal care and needed attention that they deliver, to their Medicare Insurance members” said Jeff Wetzel, President and CEO of Bridlewood.

“With all the changes going on in the healthcare industry today, smart medical groups like Cassidy and Primary Care are looking for top notch Medicare insurance agencies like Bridlewood to be a resource for their patients” continued Wetzel.

**Cassidy Medical Group** was founded in 1947 by two dedicated physicians who desired to serve their community. The core of their foundation was based not solely on their skilled profession, but on their desire, dedication, compassion, and delivery of high-quality health care to their patients. This philosophy has been practiced throughout Cassidy Medical Group for over 50 years.

**Primary Care Associates Medical Group (PCAMG)**, part of OptumCare™, is a network with many local, independent physicians and multi-specialty medical group practices who are committed to your health and wellness. PCAMG physicians encourage their members to stay healthy and prevent illnesses and injuries. Providing education to their members is another way PCAMG physicians achieve wellness in the community. PCAMG is honored to be one of Integrated Healthcare Association’s Top Performing Physician Organizations.

Bridlewood is now scheduling Medicare informational meetings for late summer and into the Open Enrollment season, which starts in October and runs through December 7th, 2016. If you live in an area near one of these medical groups, and would like more information on Medicare, these meetings are ideal for you. Look for upcoming meeting dates and times in future Bridlewood articles.



## June Funnies (PG-13 rated)



### Helpful Nurse

Sent in by Chuck D.

A male patient is lying in a hospital bed, wearing an oxygen mask over his mouth and nose. A young student nurse appears and gives him a partial sponge bath. "Nurse", he mumbles from behind the mask, "are my testicles black?" Embarrassed, the young nurse replies; "I don't know, Sir. I'm only here to wash your upper body and feet."

He struggles to ask again, "Nurse, please check for me. Are my testicles black?" Concerned that he might elevate his blood pressure and heart rate from worrying about his testicles, she overcomes her embarrassment and pulls back the covers. She raises his gown, holds his manhood in one hand and his testicles in the other. She looks very closely and says, "There's nothing wrong with them, sir. They look fine." The man slowly pulls off his oxygen mask, smiles at her, and says very slowly, "Thank you very much. That was wonderful. Now listen very, very closely:

**Are – my – test – results – back?"**

### Jonah and the Whale

A little girl was talking to her teacher about whales. The teacher said it was physically impossible for a whale to swallow a human because even though a whale is a very large mammal, its throat is very small.

The little girl stated that Jonah was swallowed by a whale. The teacher reiterated that a whale could not swallow a human, it was impossible.

The little girl said, "When I get to heaven I will ask Jonah." The teacher asked, "What if Jonah went to hell?" The little girl replied, "Then you ask him!"

### Needs A Restroom

A nun, badly needing to use the restroom, walked into a local Hooters restaurant. The place was hopping with music and loud conversation, and every once in a while the lights would turn off. Each time the lights would go out, the place would erupt into cheers. However, when the revelers saw the nun, the room went dead silent. She walked up to the bartender, and asked, "May I please use the restroom?" The bartender replied, "OK, but I should warn you that there is a statue of a naked man in there wearing only a fig leaf." "Well, in that case, I'll just look the other way," said the nun. So, the bartender showed the nun to the back of the restaurant. After a few minutes, she came back out, and the whole place stopped just long enough to give the nun a loud round of applause. She went to the bartender and said, "Sir, I don't understand. Why did they applaud for me just because I went to the restroom?" "Well, now they know you're one of us," said the bartender. "Would you like a drink?" "But, I still don't understand," said the puzzled nun. "You see," laughed the bartender, "every time someone lifts the fig leaf on that statue, the lights go out."



### Birthdays continued:

Shirley Ledgerwood  
Konrad Wallenda  
Carmelita Sydow  
Lilia Haemmer  
June Shayler  
Walter Traut  
Gene Kujawski  
Eleanora Woodbury  
Fred Sammons  
Janet Nielsen  
Mike Blackman  
Lois Nass  
Barbara Conley-Irving  
Dolores Leonard  
Janet Chillinsky  
Howard Katz  
Manuel Rubalcava  
Barbara Jones  
James Linback  
Kent Ambrose  
Philip Persails  
Ronald Collins  
Sandra Murray  
Harry Fridrichsons  
Karen Edwards  
Nita Lister  
Marina Sandzimier  
Virginia McGaugh  
Grace Meng  
Madeline Borden  
Rose Colello  
Carol Ellwood

**Happy Birthday** to my friend Linda who didn't want her name mentioned and to **Marjorie Watson** who I missed last month and this was the 2nd time I did that. My bad ....

**See the 90+ club on page 3**

Would you like to be able to go to any doctor, any specialist, any medical facility without having to ask for a referral? Maybe a Medicare Supplement plan is for you.

A Medicare Supplement plan does exactly what it sounds like - it 'supplements' or fills the holes and gaps that Original Medicare doesn't pay for. Basically I explain it like this, Medicare pays 80%, and your Supplement plan pays the remaining 20%. Here are some common questions:

Q: Can I apply anytime of the year for a Supplement plan, or do I have to wait for Open Enrollment?

A: You can apply for a Supplement plan anytime of the year. It's the separate Part D drug plan we need to take a look at.

Q: There are different lettered Supplement plans, which should I choose?

A: There are only two I'll write for you, Plan F which I have nicknamed plan Fabulous, or the N plan which is the Nice plan. Plan Fabulous pays whatever Medicare doesn't pay. You are never going to see a bill, co-pay or deductible. The Nice plan has a \$20 co-pay each time you see a doctor and a one time per calendar year deductible of \$166. Generally, If you go to the doctors less than 20 times per year. The N plan will save you money.

Q: I heard plan F is going away in the year 2020?

A: Yes, that's true, but that's 4 years from now. You will be able to stay on Plan Fabulous if you already have it. It's just the new people enrolling after 1/1/2020 who will not be eligible.

Q: Will they have a replacement plan for F?

A: Yes, it's called plan G (lets say G stands for Great). The only difference between F and G is, with plan G you pay the \$166 annual deductible and then it acts like an F plan the rest of the year, and pays for everything.

### 90 + Birthday Club

1. Walter Traut 98
2. Richard Applin 95
3. June Shayler 94
4. Harry Fridrichsons 93
5. Nita Lister 93
6. Rose Colello 92
7. Mary Bennett 90
8. Lois Nass 90
9. Dolores Leonard 90

## Need help with Medicare Advantage Plans?

Get help understanding  
your Medicare options

*Bridlewood*  
Insurance Services, Inc.

LOCALLY TRUSTED QUALITY CARE  
AT NO COST TO YOU. NO OBLIGATION.

CONTACT US TODAY

FOR A COMPLIMENTARY  
MEDICARE REVIEW



Wolfgang Kranzle referred Anil Mavalankar

Dennis and Kathy Castaneda referred Stan & Sharon Taylor

I know I'm missing a bunch and I apologize, If you have sent me a referral please send me an email and let me know. I wanted to give out Bridlewood T-Shirts for those that sent me a referral but the office staff thinks Starbucks cards would be a better idea. So here's the question of the month - should I be promoting Bridlewood by sending out some cool shirts as a thank you, or give Starbucks or Subway cards ? Email me at [Jeff@Bridlewoodinsurance.com](mailto:Jeff@Bridlewoodinsurance.com) and let me know.

**My boss told  
me to have a  
good day...**

**so I went  
home.**



## Personal Notes:

So, I recently had a great customer service experience and thought I would share it with all of you. We have a Ford F150 truck, which is mainly used to pull our boat, or occasionally to haul and move large items. I knew we would need it to move my youngest daughter Whitney home from college for the summer, so I went out to the garage to start the truck and it was dead as a door nail. So I put the battery charger on it for the night and the next day, it started right up, and off we went to Fullerton. Coming home with a truck load of dorm room stuff, and hanging out with a million friends on I-5 for an hour and a half, we were ready to get off the long and dusty trail and have dinner. Whitney got to choose the restaurant and she wanted Buffalo Wild Wings in San Marcos. After a couple of overpriced drinks and nasty food, we walked outside and sure enough, the truck wouldn't start. My wife called AAA and the guy arrived within 15 minutes. I thought he would just give me a jump, and I'd have to take care of getting a new battery the next day. When he showed up he ran a diagnostic test on it and could tell me exactly when it was purchased and how much life was left in it. He then asked me, "Sir, would you like me to replace the battery for you?" I was awestruck! He could remove and dispose of my old battery, and replace it with a brand new heavy duty battery with a six year warranty on the spot for \$120.

"You got a deal" I said, "Where do I sign?" Now that's my idea of first-class, exceptional service!

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