



## October Birthdays

Beverlee Poppish  
Marcia Robinson  
Farrell Larsen  
Edwina Vanscoder  
Jean Allen  
Joan Suffredini  
Walter Young  
James Taylor  
Elizabeth Wilt  
Chris Cannizzaro  
Melinda Bloom  
Leanne Page  
Howard Auten  
Emily Macon  
Thomas Day Jr  
Rose Borges  
Joyce Conrey  
Donald Brenner  
Sybil Carlson  
Doris Brown  
Sharon Barbin  
Walter Szandzik  
Stella Franks  
Donald McGreenera  
Carolyn Ekstedt  
Milton Golub  
Lita Kennedy  
Nancy Deering  
Peter Portanova  
Theresa Rios  
Jerome Austreng  
Matilde Warren  
Frank Torres  
Charlene Apple  
Rosalinda Holgado  
Chrisoula Towl  
Warren Pape  
Glenn Griffith  
Evelyn MacNamara  
Clifford Marriott  
Beverly Hall  
Margarete Sollmann  
Audrey Solo  
Thomas Graham  
Shari Griffin  
Joann Trout  
Dolores Ramirez  
Charles Zaremba  
Bonnie Tarp  
Gordon Hensley  
Robert McCullough  
Albert Gomez  
Julie Guinane  
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# HEALTHY NEWS

## HEALTHY NEWS NEEDS YOUR HELP

**I Need Your Email Address!** Due to budget constraints, the postage to mail out your copy of the Healthy News each month is coming to an end. After five years of the company supporting the Healthy News, as a sign of the changing times, postage became the latest casualty. If you are already receiving your Healthy News by email (and several hundred of you do) then you don't need to do a thing.

1. To start receiving your Healthy News by way of your email account, please go to [www.jeffwetzell.com](http://www.jeffwetzell.com) and click on the red button "**Subscribe to our Newsletter.**" If it's easier for you, send me a quick email at [info@jeffwetzell.com](mailto:info@jeffwetzell.com) and I'll add you.
2. If you don't have a computer or an email account and I am your agent of record, please call 1-877-267-5514 so we can make arrangements.

I know many of you save a copy of each month's edition, and you still can, you'll just need to print a copy from your home computer. Many times mom and dad don't have an email account but the kids do. So once a month they can print a copy of the latest edition of Healthy News and bring it to you.

Electronic communication opens up some exciting possibilities. For example, the October 8th benefits meeting will have a film crew recording that night's activities. You will be able to go online and watch that entire meeting from the comfort of your home a few days later. Maybe you would like to share some of the monthly jokes with your friends or neighbors? Now you can. With just a click of the button you can forward them a copy.

In a perfect world I would have enjoyed a little more time to get everyone moved over to email delivery, but that's not how life works sometimes.

Quicker, faster, and cheaper is the new theme as we all scramble to get by on less and less.

Don't make this your last month of getting your edition of the Healthy News. Go online or send me an email today!

"FATHOM THE HYPOCRISY OF A GOVERNMENT THAT REQUIRES EVERY CITIZEN TO PROVE THEY ARE INSURED ....., BUT NOT EVERYONE MUST PROVE THEY ARE A CITIZEN."

"AND NOW, ANY OF THOSE WHO REFUSE, OR ARE UNABLE, TO PROVE THEY ARE CITIZENS WILL RECEIVE FREE INSURANCE PAID FOR BY THOSE WHO ARE FORCED TO BUY INSURANCE BECAUSE THEY ARE CITIZENS."



Ben Stein

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# October Funnies

## Headstones

A Husband and wife have a bitter quarrel on the day of their 40th wedding anniversary! The husband yells, "When you die, I'm getting you a headstone that reads: "Here Lies My Wife - Cold As Ever " "Yeah?" she replies. "When you die, I'm getting you a headstone that reads: "Here Lies My Husband - Stiff At Last"

## The Fashion Police

Patrick, who was vacationing in the Bahamas with a group from the Senior Citizen Home couldn't seem to make it with any of the ladies. So he asked the local lifeguard for some advice. "Mate, it's obvious," says the lifeguard, "you're wearing them old baggy swimming trunks that make ya look like an old geezer. They're years outta style. Your best bet is to grab yourself a Speedo - about two sizes too small - and drop a fist-sized potato down inside 'em. I'm tellin' ya man... you'll have all the babes ya want!" The following weekend, Patrick hits the beach with his spanking new tight Speedos, and his fist-sized potato. Everybody on the beach was disgusted as he walked by, covering their faces, turning away, laughing, looking sick! So he went back to the lifeguard again and asked him, "What's wrong now?" "Mate,!" said the lifeguard, "The potato goes in front!!!"

## Be Careful

An old man gets on a crowded bus and no one gives him a seat. As the bus shakes and rattles, the old man's cane slips on the floor and he falls. As he gets up, a thirteen-year-old kid, sitting nearby, turns to him and says, "If you put a little rubber thingy on the end of your stick, it wouldn't slip." The old man snaps back, "Well, if your daddy did the same thing thirteen years ago, I would have a seat today."

## My Son the Veterinarian

Every Sunday, a little old lady placed \$2,000 in the collection plate. This went on for weeks until the pastor, overcome by curiosity, approached her. "Ma'am, I couldn't help but notice that you put \$2,000 a week in the collection plate," he stated. "Why, yes," she replied, "every week my son sends me money, and what I don't need, I give to the church." The pastor replied, "That's wonderful, how much does he send you?" The old lady said, "Oh, \$20,000 a week." The pastor was amazed. "Your son is very successful; what does he do for a living?" He's a veterinarian," she answered. "That's a very honorable profession," the pastor says. "Where does he practice?" The old lady said proudly, "Well, he has two cat houses in Las Vegas and one in Reno.



## Senior Problem

An elderly gentleman went to the local drug store and asked the pharmacist for Viagra. The pharmacist said, "That's no problem. How many do you want?" The man replied, "Just a few, maybe a half dozen, but can you cut each one into four pieces?" The pharmacist said, "That's too small a dose. That won't get you through sex." The gentleman said, "Oh, that's all right. I'm past eighty years old, and I don't even think about sex anymore. I just want it to stick out far enough so I don't pee on my shoes."

## Birthdays Cont:

- Evelyn Lasswell
- Marsha Bryan
- Maurice Recame
- Ted Gaasch
- William Lindsay
- Ruth Crandall
- Gary Crandall
- Peter Dooley
- Jonny Gu
- Gene Johnson
- Gail Morris
- Norman Kear
- Richard Grothen
- Lynn Cassidy
- John Blankenbeckler
- Gary Carmichael
- Barbara McCluan
- Diane Hoptar
- Mary Rubalcava
- J.D. Fear
- Dolores Wingate
- Francisco Rubalcava
- Lloyd Barnes

## Congratulations to the 90 Plus Club

### Elizabeth Wilt 96

- Chris Cannizzaro 94
- Ruth Crandall 94
- David Kregg 92
- Peter Olds 92
- Robert McCullough 91
- Milton Golub 90
- Clifford Marriott 90

Happy Birthday to all our October members I hope you have a special day.



## Having Trouble Hearing On the Phone?

One of our Health News members, Ralph Robinson, brought this to my attention. When you pay your phone bill and you see all those little extra add on charges? One of those charges for .07 cents goes to the California Telephone Access Program. The CTAP offers a range of free, specialized phones that make it easier to hear, dial, and call. They also have phones that are designed for individuals who have restricted mobility, speech impairments, or who are blind or deaf. To get your free phone, there are 3 steps, fill out a simple application, have a medical doctor or audiologist sign it and mail it in. It's that simple. For more information, go to [www.californiaphones.org](http://www.californiaphones.org) or call **1-800-806-1191** and have an application sent out. If you have a signed application already, they have an office located in San Diego at 1455 Frazee Road Suite 406 where you can stop by and pick-up your phone directly.



## Agent Of Record

Since it's that time of the year again, we need to talk about being your Agent Of Record. You see, in this business, the person that takes your application becomes your agent. So if you wish for me to continue as your agent, please don't sign anything with anybody else. Don't let anybody take your application over the phone. This is a cut throat, dog-eat-dog business and for 7 weeks, agents will do or say anything to get your business. This year I made buttons (see story below) so if you go to a meeting to gather information, proudly show them your button and let them know you're with Jeff!



### "I'm With Jeff" Buttons Now Available

One of the biggest problems I have this time of year is losing confused members to other agents thinking they work for me. This year you can wear your 'I'm With Jeff' buttons loud and proud and let everyone know who your Medicare insurance agent is! Buttons are in limited quantity and will be available during our 2014 benefits meetings October 8th and 9th. If you are unable to attend, send me an email at [info@jeffwetzels.com](mailto:info@jeffwetzels.com) or call me at 1-877-267-5514 and I'll get one sent out for you.

## The 2014 Medicare Open Enrollment Is Set to Kick Off

Each year between Oct 15—Dec 7th, Medicare eligible members are allowed to change and update their plans. This year, Healthy News members and friends are invited to an early roll out on Oct 8th and 9th at the Country Club of Rancho Bernardo with 400 RSVP's over the two nights. The Tuesday Oct 8th is full but the Oct 9th has limited space available. Doors open at 4pm and the benefits meeting begins at 5pm.

The Country Club is located at 12280 Greens East Rd. in Rancho Bernardo.

**Parking:** The club will provide shuttle service if needed. So I would recommend coming earlier rather than later as we begin to fill up. **Call me at 1-877-267-5514 to see if space is available.** Here are a list of the Healthcare professionals confirmed for the meeting:

**Dr. Roxanna Mashoon - Family Dentist**

**North County Audiology- Hearing Aids**

**Coast Care Partners- In-Home Care Management**

**Wolfgang Kranzle- Real Estate Expert**

**Morgan Stanley- Long Term Care with Alex Monroe**

**Arch Health Partners—Tami Weigold**

I look forward to seeing everyone this fall. If you are unable to make these two dates don't worry, we have a film crew recording the Tuesday meeting and I have listed additional dates on page 4.



# Schedule For October Community Meetings

10/07/13 Mon 11:00am Los Arcos 12740 Gateway Park Rd. Poway Closed to the public

<b>10/08/13</b>	<b>Tues</b>	<b>5:00pm</b>	<b>Country Club of Rancho Bernardo</b>	<b>12280 Greens East Rd</b>	<b>San Diego 92128</b>	<b>Meeting filled at 200 guest</b>
<b>10/09/13</b>	<b>Wed</b>	<b>5:00pm</b>	<b>Country Club of Rancho Bernardo</b>	<b>12280 Greens East Rd</b>	<b>San Diego 92128</b>	<b>185 of 200 seats filled</b>

10/15/13 Tues 2:00pm IHOP 354 W El Norte Pkwy Escondido 92026 Other agents in the room

10/22/13 Tues 10:00am Coco's 16759 Bernardo Ctr Dr Rancho Bernardo Other agents in the room

10/23/13 Wed 2:00am Coco's 1280 W Valley Prky Escondido 92029 Other agents in the room

10/25/13 Fri 5:30pm IHOP 1020 W San Marcos Blvd San Marcos Other agents in the room

10/29/13 Tues 2:00pm IHOP 354 W El Norte Prky Escondido 92026 Other agents in the room

10/30/13 Wed 10:00am Coco's 13464 Poway Rd Poway 92064 Other agents in the room



President BARACK OBAMA was invited to address a major gathering of the American Indian Nation two weeks ago in upstate New York. He spoke for almost an hour about his plans for increasing every Native American's present standard of living. He referred to his time as a U.S. Senator and how he had voted for every Native American issue that came to the floor of the Senate. Although President Obama was vague about the details of his plans, he seemed most enthusiastic and spoke eloquently about his ideas for helping his "Red sisters and brothers". At the conclusion of his speech, the Tribes presented Obama with a plaque inscribed with his new Indian name, "Walking Eagle". The proud President Obama accepted the plaque and then departed in his motorcade to a fundraiser, waving to the crowds. A news reporter later asked the group of chiefs how they came to select the new name they had given to the President. They explained that "Walking Eagle" is the name given to a bird so full of (you know what) it can no longer fly.

## Personal Notes:

Maybe I'm just getting cranky in my old age but some things really get under my skin. People that drive slow in the fast lane bother me. I don't care if you want to drive 50 MPH, move over so people can get around you. Kids with tattoos bother me especially ones under 18 that needed parents permission. Leaving the curling iron on for hours at a time. If you're smart enough to turn it on, you should be able to figure out how to turn it off. Toilet paper goes over the front, no exceptions... People that don't return phone calls or emails... that drives me up a wall. If you use something, put it back where you found it so I don't have to go search for it. Getting in the wife's car and the gas gauge light is always on. It's OK to get gas before you run it down to the last drop! Taking up 90% of the walk-in closet space and then telling me you have nothing to wear !! If I'm this grumpy at the age of 51, I should be a real joy to live with in 10 years!!!

Jeff Wetzel

#1 Independent Agent San Diego County

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